

**The Parish Eucharist  
in Ordinary time  
16<sup>th</sup> Sunday after Trinity**



**Sunday 19<sup>th</sup> September 2021**

# WELCOME

## PROCESSIONAL HYMN

All my hope in God is founded. A& M 584

1 All my hope on God is founded;  
he doth still my trust renew.  
Me through change and chance he guideth,  
only good and only true.  
God unknown, he alone  
calls my heart to be his own.

2 Human pride and earthly glory,  
sword and crown betray his trust;  
what with care and toil he buildeth,  
tower and temple, fall to dust.  
But God's power, hour by hour,  
is my temple and my tower.

3 God's great goodness aye endureth,  
deep his wisdom, passing thought:  
splendour, light, and life attend him,  
beauty springeth out of naught.  
Evermore from his store  
new-born worlds rise and adore.

4 Daily doth th' Almighty giver  
bounteous gifts on us bestow;  
his desire our soul delighteth,  
pleasure leads us where we go.  
Love doth stand at his hand;  
joy doth wait on his command.

5 Still from earth to God eternal  
sacrifice of praise be done,  
high above all praises praising  
for the gift of Christ his Son.  
Christ doth call one and all:  
ye who follow shall not fall.

## **THE GATHERING**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord be with you  
**and also with you.**

### **Prayers of Penitence**

God so loved the world that he gave his only Son Jesus Christ  
to save us from our sins, to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.**

**We are truly sorry  
and repent of all our sins.**

**For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen**

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

Let us pray

Lord of creation,  
whose glory is around and within us:  
open our eyes to your wonders,  
that we may serve you with reverence  
and know your peace at our lives' end,  
through Jesus Christ our Lord. **Amen.**

# THE LITURGY OF THE WORD

## Readings

Proverbs 31.10-end

A capable wife who can find?

She is far more precious than jewels.

11 The heart of her husband trusts in her,  
and he will have no lack of gain.

12 She does him good, and not harm,  
all the days of her life.

13 She seeks wool and flax,  
and works with willing hands.

14 She is like the ships of the merchant,  
she brings her food from far away.

15 She rises while it is still night  
and provides food for her household  
and tasks for her servant-girls.

16 She considers a field and buys it;  
with the fruit of her hands she plants a vineyard.

17 She girds herself with strength,  
and makes her arms strong.

18 She perceives that her merchandise is profitable.  
Her lamp does not go out at night.

19 She puts her hands to the distaff,  
and her hands hold the spindle.

20 She opens her hand to the poor,  
and reaches out her hands to the needy.

21 She is not afraid for her household when it snows,  
for all her household are clothed in crimson.

22 She makes herself coverings;  
her clothing is fine linen and purple.

23 Her husband is known in the city gates,  
taking his seat among the elders of the land.

24 She makes linen garments and sells them;  
she supplies the merchant with sashes.

25 Strength and dignity are her clothing,  
and she laughs at the time to come.

26 She opens her mouth with wisdom,  
and the teaching of kindness is on her tongue.

27 She looks well to the ways of her household,

and does not eat the bread of idleness.  
28 Her children rise up and call her happy;  
her husband too, and he praises her:  
29 “Many women have done excellently,  
but you surpass them all.”  
30 Charm is deceitful, and beauty is vain,  
but a woman who fears the Lord is to be praised.  
31 Give her a share in the fruit of her hands,  
and let her works praise her in the city gates.  
This is the word of the Lord.  
**Thanks be to God.**

## **Gospel Reading**

Hear the Gospel of our Lord Jesus Christ  
according to *Mark*  
**Glory to you, O Lord.**

30 They went on from there and passed through Galilee. He did not want anyone to know it; 31 for he was teaching his disciples, saying to them, “The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.” 32 But they did not understand what he was saying and were afraid to ask him.

33 Then they came to Capernaum; and when he was in the house he asked them, “What were you arguing about on the way?” 34 But they were silent, for on the way they had argued with one another who was the greatest. 35 He sat down, called the twelve, and said to them, “Whoever wants to be first must be last of all and servant of all.” 36 Then he took a little child and put it among them; and taking it in his arms, he said to them, 37 “Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## **SERMON**

## **The Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.**

**For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic  
and apostolic Church.**

**We acknowledge one baptism  
for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

## **Prayers of Intercession**

*These responses may be used*

Lord, in your mercy  
**hear our prayer.**  
**(or)**

Lord, hear us.  
**Lord, graciously hear us.**  
*And at the end*

Merciful Father,  
**accept these prayers**  
**for the sake of your Son,**  
**our Saviour Jesus Christ.**  
**Amen.**

## **THE LITURGY OF THE SACRAMENT**

### **The Peace**

Peace to you from God our heavenly Father.  
Peace from his Son Jesus Christ who is our peace.  
Peace from the Holy Spirit, the life-giver.

The peace of the triune God be always with you  
**and also with you.**

Let us offer one another a sign of peace.

### **Taking of the Bread and Wine**

#### **The Eucharistic Prayer (*Prayer B*)**

The Lord be with you.  
**And also with you.**  
lift up your hearts.  
**We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**



Father, we give you thanks and praise  
through your beloved Son Jesus Christ,  
your living Word, through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest!**

**✠ Blessed is he who comes in the name of the Lord. Hosanna in the highest!**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the ✠ body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant, which is shed for  
you and for many for the forgiveness of sins. Do this, as often as you drink it, in  
remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world; rejoicing in his  
mighty resurrection and glorious ascension, and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before  
you this bread and this cup and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of our Lady Mary, St John and all the saints, may  
praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen!**

## **The Lord's Prayer**

### THE LORD'S PRAYER

As our Saviour taught us, so we are bold to say:

**Our Father, who art in heaven, hallowed be thy name; thy kingdom  
come; thy will be done; on earth as it is in heaven. Give us this day our  
daily bread. And forgive us our trespasses, as we forgive those who  
trespass against us. And lead us not into temptation; but deliver us  
from evil. For thine is the kingdom, the power and the glory, for ever  
and ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

AGNUS DEI

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

✠ Behold the Lamb of God who takes away the sins of the world. Blessed are those who are called to his supper.

**Lord I am not worthy to receive you, but only say the word, and I shall be healed.**

**The Distribution**

**HYMN** Meekness and Majesty, A&M 728

Meekness and majesty manhood and deity  
In perfect harmony the Man who is God  
Lord of eternity dwells in humanity  
Kneels in humility and washes our feet

*O what a mystery meekness and majesty  
Bow down and worship for this is your God  
This is your God*

Father's pure radiance perfect in innocence  
Yet learns obedience to death on a cross  
Suffering to give us life  
Conquering through sacrifice  
And as they crucify prays Father forgive

*O what a mystery meekness and majesty  
Bow down and worship for this is your God  
This is your God*

Wisdom unsearchable God the invisible  
Love indestructible in frailty appears  
Lord of infinity stooping so tenderly  
Lifts our humanity to the heights of His throne

*O what a mystery meekness and majesty  
Bow down and worship for this is your God  
This is your God  
This is your God*

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*A Post Communion prayer is said.*

Almighty God,  
you have taught us through your Son  
that love is the fulfilling of the law:  
grant that we may love you with our whole heart  
and our neighbours as ourselves;  
through Jesus Christ our Lord.  
**Amen**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body  
live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights  
give light to the world.  
Keep us firm in the hope  
you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

**FINAL HYMN** Praise to the Holiest in the Height A&M 763

1 Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

2 O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight  
and to the rescue came.

3 O wisest love! that flesh and blood,  
which did in Adam fail,  
should strive afresh against the foe,  
should strive and should prevail;

4 And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and essence all-divine.

5 O generous love! that he, who smote  
in Man for man the foe,  
the double agony in Man  
for man should undergo;

6 And in the garden secretly,  
and on the cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

7 Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

# THE DISMISSAL

## The Blessing

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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